



AMERICAN SOCIETY OF
SAFETY PROFESSIONALS

Granite State Chapter

THE GRANITE STATE CHAPTER: NEWSLETTER JUNE 2021

President's Message

Hello Granite State Members!

The Granite State E-Board and I are excited to share with you updates for the chapter.

We are really excited about our last meeting of this term which is a joint meeting with the Connecticut Valley chapter. The meeting will be held on June 22nd at 12pm on Zoom. The topic is What Operations & HR expects from their site EHS Professionals. Kenn Bevins from Raytheon Technologies will be speaking for the Operations side and Andrea Dejesus from Whelen Engineering will be speaking for the HR side. If you are interesting in presenting at one of our meetings please contact me. My contact information can be found on the last page of this newsletter.

Please see page 3 of this newsletter for information on the Granite State ASSP 2021 SPY Award.

The results for next term's Executive Board Elections are on page 4.

We will be having a fundraiser event on August 21st at the Steeplegate Mall in Concord. Please see the upcoming newsletters and the Granite Social Media Pages and website for more information.

Please check out the Granite State ASSP website and our social media platforms for the most up to date information on upcoming events.

The New England Area PDC is looking for speakers please use the link to the right to sign up if you are interested in speaking at the 2021 Region VIII PDC in Manchester, VT this November.

The Granite State E-Board is looking forward to the next term and we are excited to be getting back to in person meetings.

Thank you,

Danielle Cobleigh



Upcoming Meetings

When: June 22nd, 2021

Time: 12pm

Where: Zoom

Topic: What Operations & HR expect from site EHS Professionals

Speakers:

Kenn Bevins of Raytheon Technologies and Andrea Dejesus of Whelen Engineering

"Interested in speaking at the 2021 Region VIII ASSP PDC at Equinox Resort & Spa In Manchester, VT? Click the link below to sign up!"

<https://region8.assp.org/2021/05/23rd-annual-new-england-area-pdc-speaker-application/>

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Tips to Reduce Stress as a Presenter

By Al Parise, CSP, TURP

Standing in front of a group of people for any reason can be a stress-inducing prospect. Being in that situation for the purpose of instruction (whether it be for clients or for your own company's staff), even more so. The challenge faced in this situation (depending on the instructor) can range from "I need effective means of communication for this presentation" to "I just want to get through this as fast as I can". In any mindset, evaluating the expected outcome prior to giving the presentation can allow insight into ways to alleviate this stress.

Every instructor is different. Different personal experiences, different educational backgrounds, different levels of expertise. Therefore, the suggestions proposed here comes from my own experiences with conducting training for both clients and colleagues. The following two concepts can greatly increase the effectiveness of training presentations in multiple mediums, and reduce stress levels for the presenter.

Those concepts are:

Recognize that training is for the students, not the teachers; and

Break down any concept into two approaches: "what is it", and "why do I care?"

As safety professionals, we all have been on our students' side of the table. Think back to all of the classes, all of the presentations, all of the conferences you have attended. What sticks?

Information that you believe to be interesting and applicable. As the instructor, you have the ability to bend any presentation as you see fit, and it is up to you to understand your audience and their needs. Determine what information or skills will affect your audience the most on a day-to-day basis, and lean into those concepts. Take the following example for consideration:

You are a hazardous waste generator, and need to set up a training program for your company. The information that a manager-level employee would need to know may include records retention and written program requirements. While knowing that these two requirements exist may help frame other instructions given to them, operational-level staff may "zone out" if too much information that they feel doesn't apply to them is included in their version of the class.

But what, you may ask, about the less interesting topics that they either do need to know, or which the regulations require you speak about? This is where the second bullet applies: approaching concepts from multiple perspectives. Stating this fact, that you are going to be teaching this way, often helps maintain student focus as they now know you are going to state the "boring" part, and then try to make it more interesting. The "what is it" describes regulatory component, and the "why do I care" is how it applies to their specific job tasks.

Overall, if you can use your instructional approach to make the attendees think you are teaching to them, that they are the focus as opposed to the regulation/policy, the training course will often be more effective in supporting retention and student engagement, which in turn will reduce your stress level as the presenter.



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Granite State Safety Professional of the Year 2020-2021 Joe Orazio, MBA



Pictured (Left to Right): Sam Despina, PE, CHMM (GSC Awards Chair), Joe Orazio, MBA (2021 Granite State SPY), Danielle Cobleigh (Granite State President), Kenn Bevins GM of Brazonics (A Raytheon Technologies Company)

The Granite State Chapter of ASSP is proud to announce Joe Orazio, MBA as the 2020-2021 Safety Professional of the Year. The Safety Professional of the Year Award is awarded annually to a Granite State Chapter member who has shown dedication and outstanding contributions to the chapter. This person must also demonstrate outstanding achievement in the occupational safety and health field while also advancing the OSH profession overall. Since graduating from Keene State in 2013, Joe has served 7 terms on the Granite State E-Board, holding numerous positions including President. This year before even returning to the E-Board for the 2021-2022 term as President-Elect Joe has started planning a fundraiser to raise money for the Granite State Chapter to be able to provide more KSC safety students with scholarships. Joe has been involved with the OSHA Roundtable Planning Committee as well as working with and now chairing the Sponsors committee for the New England Area PDC. Joe has worked his entire EHS career in the state of NH and has been a mentor for numerous interns and young professionals in the field. Joe is always willing to help out and volunteer, he has dedicated so much time to the Granite State chapter and other safety organizations in New England and truly embodies what this award was made for. The Granite State E-Board would like to congratulate Joe on being selected as the 2021 Granite State SPY, and thank him for his dedication and service to the chapter over the last 8 years.



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2021-2022 Granite State ASSP E-Board

President

Danielle Cobleigh

Treasurer

Laurie Raymond

Awards & Nominations Chair

Sam Despins, PE, CHMM

Delegates

Jeff Slark
Justin Deflumeri

Student Section Liaison

Andrew Sellers, ASP

President-Elect

Joe Orazio, MBA

Secretary

Michelle Wiltshire

Social Media & Communications Chair

Courtney Simone, CSP

Newsletter Editor

Ashley Arnold

Membership Chair

Al Parise



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June is National Safety Month

National Safety Month 2021

Week 1– Prevent Incidents Before They Start

Identifying risks and taking proactive safety measures to reduce hazard exposure on important topics from ergonomics to chemical management is crucial to creating a safer workplace.

Safety+Health® Resources

[Hazcom training](#)

[Situational awareness \(podcast\)](#)

[Electrical safety for all workers](#)

[Remote support](#)

GHS quiz: Match the pictogram to the hazard

More Information on National Safety Month Week 1 can be found @ <https://www.nsc.org/workplace/national-safety-month/nsm-public-materials/week-1-public-nsm-materials>

Week 2– Address Ongoing COVID-19 Safety Concerns

As the pandemic continues, employers play an important role in expanding operations and returning remote workers to physical workspaces, building trust around vaccines, supporting mental health and so much more.

Safety+Health® resources

[SAFER guidance evolves as vaccine distribution continues](#)

[New ways of working safely](#)

[COVID-19 and me: two crucial lessons podcast](#)

More Information on National Safety Month Week 2 can be found @ <https://www.nsc.org/workplace/national-safety-month/nsm-public-materials/week-2-public-nsm-materials>



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June is National Safety Month

National Safety Month 2021

Week 3– It's Vital to Feel Safe on the Job

Being able to be one's self at work without fear of retaliation is necessary for an inclusive safety culture. Leading organizations focus not only on physical safety, but psychological safety as well.

Safety+Health® resources

Psychological safety

Diversity, equity and inclusion in the workplace: 'A safety issue'

Opioids and the workforce: COVID-19 pandemic-related disruptions create new hurdles

Psychological safety is part of a safe workplace

More Information on National Safety Month Week 3 can be found @ <https://www.nsc.org/workplace/national-safety-month/nsm-public-materials/week-3-public-nsm-materials>

Week 4– Advance Your Safety Journey

Safety is all about continuous improvement. Whether organizationally or individually, NSC can help provide guidance for your path forward

Safety+Health® resources

Safety Leadership column

Supercharge your safety training: 5 tips for keeping workers engaged

Women and safety leadership: 'A cultural shift'

A seat at the table: The COVID-19 pandemic has shown C-suite leaders the value of safety professionals

A hard look at soft skills: Sharpening these competencies can propel your safety career

More Information on National Safety Month Week 4 can be found @ <https://www.nsc.org/workplace/national-safety-month/nsm-public-materials/week-4-public-nsm-materials>



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Look for Us on Social Media

Facebook- American Society of Safety Professionals Granite State Chapter

Twitter- @gsscASSP

Instagram- @granitestateassp

LinkedIn- ASSP Granite State Chapter

Check out our websites for updates

<https://granitestate.assp.org/>



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Check out trainings opportunities offered by ASSP

https://store.assp.org/PersonifyEbusiness/Events/ASSPEducationalEventsCalendar?_ga=2.218216602.2039974013.1610972346-946721503.1592936848



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Check out trainings opportunities at the OSHA training Center

<https://oshaedne.com/course-schedule/>



Check out these EHS Job Opportunities in NH!

- EHS Specialist @ Calpine in Londonderry
- HSE Specialist @ New Hampshire Ball Bearing in Peterborough
- EHS Safety Manager @ Anheuser-Busch in Merrimack
- EHS Manager @ Corning in Keene
- EHS Specialist @ Markem-Image in Keene
- EHS Specialist @ Sig-Sauer in Exeter
- Director of EHS @ Dartmouth College in Hanover
- EHS Specialist @ Turbocam in Barrington
- Safety Specialist @ Ruger Firearms in Newport
- EHS Manager @ Boston Beer Company in Manchester
- Regional Environmental HS Manager @ Pitney Bowes in Concord



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2020-2021 Granite State E-Board Contact Info:

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