

# ASSP



# GRANITE STATE CHAPTER

# DECEMBER 2021

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## UPCOMING MEETINGS AND EVENTS

### **New Year, New You: Unconscious Bias**

**Date:** January, 27th at 12pm CT  
**On Zoom**  
[Register Now](#)

### **SafetyFOCUS 2022 Registration Open!**

**Date:** Feb. 21 - March 4, 2022  
Click [here](#) for more information

## DONATE TO THE GRANITE STATE SCHOLARSHIP FUND FOR KSC STUDENTS

<https://granite-state-assp.square.site/>



# President's Message

## Hello Granite State Members!

Hello Granite State Members!

The Granite State E-Board and I are excited to share some chapter updates with you all!

On December 1st, Jim Kaufman of the Lab Safety Institute presented on How to Convince Others that Safety is important. We would like to thank Jim for taking time to join us via zoom and discuss this.

The Fall Scholarship winner have been selected. Melissa Field received the \$500 granite state scholarship and Hailey Haddock received the \$250 scholarship. ASSP Region 8 generously decided to do a scholarship match this year, so Melissa will be receiving \$1000 total and Hailey will be receiving \$500 total. The Granite State will be presenting these two ladies with their Scholarships at a joint meeting with the student section in late January, date TBD. Next month's newsletter will have a highlight on the two scholarship winners. Donations can be made using the link found on Page 1. If you would prefer to write a check please reach out to me using the contact information on Page 6.

In January the Granite State will be once again hosting Safety Jeopardy, date and time TBD. There will be prizes for the winners.

If you are interested in speaking at one of our meetings this year please reach out to any of our E-Board members our contact info can be found on Page 6.

Please check out the Granite State ASSP website and our social media platforms for the most up to date information in upcoming events!

Thank you,  
Danielle Cobleigh



## Look for us on Social Media!

**Facebook:**  
American Society of Safety Professionals Granite State Chapter

**Twitter:**  
@gscASSP

**Instagram:**  
@granitestateassp

**LinkedIn:**  
ASSP Granite State Chapter

## Granite State Welcomes our New Members From November!

Thomas Hayes  
Lindsay Amari

Bryan Patriquin  
Bobby Dombrowski

Dean Ruzich

### ASSP Granite State Membership Anniversaries!

#### 5 Years

Evan Casavant  
Alexander Parise  
Debra Williams

#### 15 Years

Patricia Stagno

#### 25 Years

Jason Olson

Thanks for your commitment and congratulations!

# News & Events

## How to Keep Employees Safe in Parking Lots in the Winter

Author: Danielle Cobleigh - ASSP Granite State President

In New England as Safety Professionals, we have the hard task on keeping our employees safe in the parking lots. Snow, Sleet, and Ice all pose slip, trip and fall hazards. There are many ways that you can reduce the potential for slips, trips and falls in the parking lot.

- Train your employees to walk like a penguin if there is snow or ice
  - Keep your arms out away from your body for balance
  - Take short steps and slide or shuffle your feet along the ground
  - Lean forward slightly to keep your weight over your front foot
- Train your employees to;
  - Stay off their phones in parking lots in the winter
  - Look both ways before crossing the parking lots
  - Be aware of vehicle moving around them, the drivers may not be able to see them
  - Report slippery or icy conditions and to put ice melt down if they see these conditions.
- Provide Ice Melt and a shovel at all entrances
- Install freeze indicators so employees know if there is the potential for icy or slippery conditions.
- Provide mats at the inside of all entrances so that employees can wipe their feet as they enter the building to reduce slippery condition inside.
- Ensure that parking lots and entrances to buildings are kept clear or snow and ice.



## Job Openings Near You!

- EHS Director @ White Mountain Paper Company in Gorham
- EHS Specialist @ Protolabs in Nashua
- EHS Specialist @ Calpine Corp. in Londonderry
- EHS Manager @ Corning in Keene
- Safety Specialist @ Larch/TTS Tree Service in Rumney
- Health & Safety Specialist @ State of NH in Concord
- EHS Manager @ Artech LLC in Portsmouth
- Environmental Specialist @ Triumvirate Environmental in Portsmouth
- Chief Safety Officer @ Manchester Transit Authority in Manchester
- EHS Manger @ ABM Industries in Portsmouth
- Safety Manager @ CDM Smith in Nashua
- EHS Manager @ Watts in Franklin
- Health & Safety Supervisor @ Stryten Manufacturing in Manchester
- EHS Specialist @ UNH in Durham



## Check Out our Websites for Updates!

<https://granitestate.assp.org/>

# Travel Security & Safety Tips

Author: Justin DeFlumeri, MS - ASSP Granite State Delegate



As safety professionals, we wear many hats. Safety, environmental, health, fleet & DOT compliance, security, and the list goes on and on. However, a lot of the industry tends to focus on, what I like to call, the Big Two - safety and environmental. Security sometimes seems to be a forgotten entity. Especially with everything going on in the world today, stress levels up, people driving in parades, an active shooter which feels like almost every week, we need to focus on security now more than ever. Since it is the holiday season, what better time to learn about travel security and safety tips to not only protect you but your family.

Great! You just booked a trip to Disney with your family, or you are heading to one of your many sites for work. Whatever the case may be, what are you doing to protect yourself or others? Many times, safety professionals focus on others and not themselves. Today, we live in a society where the first thing we do is post on social media when something positive happens.

In leading up to your trip the first way to protect yourself is privacy. Do not announce to the world that you and your family are leaving for a trip. A lot of people post when they get to the airport or when they plan on boarding the airplane, along with their destination. In fact, you should leave a few lights on in this house, maybe even a radio or television so people think someone is home. Just a security light outside will not do it these days.

Finally, you make it to the airport. You need to park your car and head to the terminal. Take a picture of where your car is parked and surrounding markings on the way. This will help you remember where you parked. When you go through TSA, what are you leaving behind? Most people put their laptop and cell phone in the same bin, then walkthrough. I suggest placing your laptop and cell phone through the x-ray first so you can keep an eye on your personal information.

Selecting a hotel and hotel security is one of the areas where things can get tricky. When picking a hotel, I suggest reading the Google reviews beforehand. Ensure you are selecting a safe hotel in a good area. If you are traveling to an area where you have not traveled before, research that area. When you arrive to the hotel, drive around the whole hotel and get an understand of the perimeter. Understanding your surroundings is key. What is in the back? What are on the sides of the building, etc. This is your last and final chance to decide on the hotel of your choice.

Once entering the lobby, talk to the person at the desk in a mild and soft voice. No need to yell your name so the people enjoying a drink at the hotel bar across the hall can hear you. This again will help protect you. If you are a salesperson or traveling with expensive items, I suggest leaving them in the car, check-in, then bring them in a side entrance so no one can see your belongings, and you become a target. Once you get to your room you should count how many doors are to your left and to your right in case a fire happens, and smoke fills up the corridor and you need to crawl to the nearest stairwell. This is part of your personal emergency action plan.

When you first get to the room put the do not disturb sign on the door. This provides a small barrier to keep people out of your room. A lot of time, we train people who have important information and confidential documents. We say, either use the hotel safe or set traps to know if someone moved your stuff like a housekeeper, etc. This means setting things up a certain way. For example, leaving a laptop in the north position of the room, or a pen a certain way on top of confidential documents. I always suggest taking a picture as well so you can remember.

Lastly, is a fire emergency when you cannot get out. Sometimes when traveling, we are on high levels of the hotel. If there was a fire and you can't get out, what is your plan? No one really thinks about this. If you were to open the door and your corridor is full of smoke, what is your next step? First, grab a towel a wet it. Place it under the door. Start filling the bathtub up with cold water. While water is filling up, find your ice bucket. Turn on your bathroom fan to help vent out CO. Begin firefighting measures with your ice bucket from the tub. Try to break the window for fresh air if you can and hang a bed sheet out of it so fire fighters can identify you are present and need a rescue.

I hope these travel security and safety tips help.

## Upcoming ASSP Educational Events

[Click here](#) to view ASSP's educational calendar and for class registration!

### Implementing the Hierarchy of Controls to Reduce Risk

1/19/2022  
11:00 AM - 12:00 PM CT

### Mitigating Liability & Managing Safety on Multi-employer Work Sites

1/26/2022  
11:00 AM - 12:00 PM CT

### Improper Wear, Comfort and the Evolution of Flame-Resistant Clothing

2/2/2022  
11:00 AM - 12:00 PM CT

### Live Virtual Classroom: Confined Space Assessment, Entry and Rescue

2/21/2022  
8:00 AM - 4:30 PM MT

### Live Virtual Classroom: Technical Writing Skills

2/21/2022  
8:00 AM - 4:30 PM MT

### Live Virtual Classroom: Corporate Safety Management

2/21/2022 - 2/23/2022  
3 day - 8:00 AM to 4:30 PM MST

### Implementing ISO 45001

2/21/2022 - 2/23/2022  
3 day - 8:00 AM to 4:30 PM MT

### Analytics for Safety: A New Approach to Performance Measurement

2/21/2022  
8:00 AM - 4:30 PM MT

### Corporate Safety Management

2/21/2022 - 2/23/2022  
3 day - 8:00 AM to 4:30 PM MST

## New Year, New You: Unconscious Bias

**Virtual Water-cooler Series Event | January 27, 2022 | 12:00 p.m. CT | Zoom**

[Register Now](#)

When hiring, evaluating, or promoting employees, we often measure people against our implicit assumptions of what talent looks like-our hidden "template of success." These templates potentially favor one group over others, even if members of each group were equally likely to be successful. We need to challenge the assumptions behind our templates for success. Join us for a lively discussion with fellow safety professionals.

## SafetyFOCUS 2022 Registration Open!

**Feb. 21 - March 4, 2022**

Click [here](#) for more information

The American Society of Safety Professionals (ASSP) developed SafetyFOCUS as an immersive educational event where you can take a deep dive on topics significant to you, your industry and your organization. Unlike a traditional safety conference, where you get an overview of several important safety concepts, SafetyFOCUS instructors spend more time on each subject.

# Looking to Join ASSP ?

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## Training Opportunities:

### **Offered by ASSP**

[Click Here for Courses from ASSP](#)



### **Offered OSHA Training Center**

[Click Here for Courses from OSHA](#)

